

# YNIA Daily Schedule

## Sunday

1:00-2:00	Arrival
2:45	Adult Meeting
3:30	Afternoon Program
5:30	Dinner Directions/Table Prayer/Dinner
7:00	Evening Program/Evening Prayer
9:00	Team Time
9:30	Social Time
11:00	Lights Out

## Monday through Thursday

6:30	Wake-Up Call
7:15	Breakfast
8:00	Prayer and Send-Off
8:30	Depart for Work Sites
9:00	Work Sites (work/lunch/sharing/work & planning)
3:30-4:00	Return from Work Sites/ Adult Leader Check-In, Journaling
	Recreation, Relaxation, Clean Up, Snacks
5:45	Dinner Directions/Site Sharing/Table Prayer
6:00	Dinner
6:45	Adult Meeting
7:30	Evening Program and Evening Prayer
9:00	Team Time
9:30	Social
10:00	Quiet Time in Sleeping Areas
11:00	Lights Out

## Friday

6:30	Wake-Up Call
7:15	Breakfast/Packing
8:10	Morning Prayer/Send-Off
8:30	Departure for Work Sites
9:00	Service and Farewell
12:30	Return
1:00	Closing Session & Celebration of Eucharist
2:30	Clean-Up and Departure

### Note:

Scheduled program times may be adjusted to fit the needs of work sites and program facilities.

### About Sightseeing:

Days at Young Neighbors are full and there is no time for sightseeing during the program. If your group is planning on doing some sightseeing, make plans to do that before or after your Young Neighbors event.

# ***Young Neighbors***

## **An Experience of Community Living**

***Young Neighbors in Action*** is an experience of community living. Participants work, pray, eat, recreate, learn, and relax together during the service program. During the day we will extend that sense of community to the children and families with whom we are working.

**Preparation for community living** begins long before the service week. It is an attitude that involves everything from how you learn and pray together as a team to how you pack your suitcase or bag. What does "community" have to do with getting packed for the trip? Consider the following when you pack:

**Less is best.** Bags need to fit comfortably in the car or van you're using to travel to your ***Young Neighbors*** site and in the sleeping room or dormitory facility. Think, as you pack, in terms of minimums (how little can I get away with packing) instead of maximums (how large a suitcase can I get away with and what's the most I can squeeze in before it splits at the seams).

**Keep it simple.** Expensive, brand-name clothes and jewelry have their place in life, but when you're working with those struggling to survive on minimum wage (or less) those things can get in the way. Pack clothing that's simple, neat, and clean. Plan to spend more than a single day in each pair of jeans or shorts that you pack. Choose your clothing to match the work to be done. Leave expensive things at home. (The housing facility, work sites, and program sponsor cannot be held responsible for lost or stolen articles.)

**Think of packing as a team task.** Everything you'll need for the week doesn't need to be stuffed into your own suitcase. Many items can be shared by several people (or by the team as a whole) instead of bringing multiples of everything. Decide as a group on the minimum you need, then pack accordingly.

**Ready, set, pack!** Pay close attention to the clothes and supplies recommended in the Packing List.

# Young Neighbors in Action

## Packing List

### Appropriate Dress

Dress at both the program and work sites should be casual but modest, i.e., jeans or long shorts, shirts/t-shirts, and tennis shoes.

#### **Dress Code**

All shirts must have sleeves and be long enough to be tucked in.

Shorts should be mid- thigh length.

Please leave behind short shorts, tight yoga pants, belly shirts, t-shirts with suggestive or violent language or images, strapless tops, cut off t-shirts, or extra baggy clothing.

This “conservative” approach to dress is taken with an awareness of the summer sun’s strength and respect for other cultures’ sensitivity to proper attire.

Anyone working outdoors for most or even part of the day should wear a hat. Participants involved in repair or construction work shouldn’t wear sandals or open-toe shoes and may want to wear jeans instead of shorts.

### **Packing List: Individual (Take the minimum; pack lightly)**

Sleeping bag/sheets \*

Sleeping pad/air mattress \*

Pillow (1) \*

Towel/washcloth (1-2)

Jeans or work pants (2-3)

Shorts (2)

Swimsuit (1—should be a one-piece for girls, shorts style for boys\*\*

T-shirts (3-4)

Short-sleeve work shirts (3-4)

Long-sleeve work/sweatshirts (1-2)

Light-weight jacket/sweater (1)

Sleepwear

Socks (6)

Underwear (6)

Work hat, cap, or sun visor (1)

Work gloves (1)

Hair bands, bandannas (1-2)

Sneakers (1)

Work Boots/Shoes (1)\*

Lightweight rain gear/poncho

Flashlight

Soap

Toothbrush

Comb/hair brush

Bible, journal, writing materials

Medication

Personal needs (deodorant, etc.)

Sunscreen

Sunglasses

Spending money

WATER BOTTLE

**Important:** Be sure to bring along a copy of your *family health insurance card*.

**\*Check with Program Director or Site Coordinator on whether or not these are needed.**

**\*\*If girls do not have a one-piece swimsuit, have them wear a t-shirt over the two-piece.**

**Community Packing List (Take the minimum; distribute evenly)**

Basic First Aid Kit	Camera
Shampoo, hand sanitizer	Favorite board games
Toothpaste	Basketball, soccer ball, frisbee, etc.
Kleenex	Cooler (large enough to hold lunch & drinks for your team of 5-6)
Insect repellent	Cooler ice packs
Laundry detergent (just in case)	Drink cooler
Hair dryer	

**Leave home: Individual & Community**

Cell phones (or bring them but set guidelines for when they can be used)

Electronic games

Radios/CD players/iPod/MP3 players\*

Pocket Knives

Expensive clothing or jewelry

If your participants decide to bring any of these along for the long trip from home to YNIA, please advise them to keep them packed during the program. This will help keep those items safe and allow for better community participation.

**Remember:** Try to fit everything you are taking in one medium-size duffel bag. Your team's bags all need to fit in the van! Pillow, sleeping bag, and air mattress (if needed) may be packed separately.